Nursing Reference Center Plus and Continuing Education

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OBJECTIVES

At the end of this workshop you will:

Be more familiar with Nursing Reference Center Plus: an evidence-based point-of-care tool to answer clinical questions for Nurses and Allied Health Professionals

Be able to conduct a successful search in Nursing Reference Center Plus

Know enough about the NRC+ App to be able to download it and kwow where to ask for help using it

Be more familiar with CINAHL Education, able to successfully create a personal account, and know how to navigate the interface well enough to complete a continuing education lesson





Nursing Reference Center Plus

Continuing Education







1. Nursing Reference Center Plus



What is Nursing Reference Center Plus?

- > A evidence-based point-of-care tool to answer clinical questions.
- > Includes:
 - Evidence-based summaries
 - Skills
 - Management skills
 - Cultural competencies
 - Continuing education
 - Etc.
- > Mostly for nurses, but also includes evidence in allied health.





Why and When to Use Nursing Reference Center Plus?

At the point of care to quickly answer clinical questions
To answer background questions
To find patient education materials to share with patients
To update your skills using CE modules or videos of procedures
(...)





Getting to Nusing Reference Center Plus

JGH.ca > Care and Services > Department List > Health Sciences Library > JGH e-Resources > Nursing Reference Center Plus

Go to:
<u>https://www.jgh.ca/care-services/health-sciences-library</u>

Then scroll down and click on Nursing Reference
 Center Plus

JGH e-resources

CINAHL Complete CINAHL Education (CE for Nurses and allied health professionals) Cochrane Library DSM-5 eBook Nursing Collection (via EBSCO)
 EMBASE (via Ovid) Evidence Based Mental Health Journal (e) Healthstar (via Ovid) IGH Journals by Topic A-Z Medline (via Ovid)
 Natural Medicines Nursing Reference Center Plus Oxford Clinical Psychology Psychiatry Online (POL) PsycINFO (via Ovid) PubMed (Medline, etc.) RxVigilence OptoDate





2. Searching a) Basics



What are you Searching ?

Searches all resources available in the database:

- EBSCO CINAHL Nursing Guide
- EBSCO Health Library[™] content
- HealthDay News Service content
- F.A. Davis's Drug Guide for Nurses
- F.A. Davis's Laboratory & Diagnostic Tests with Nursing Implications
- National Guideline Clearinghouse[™] Practice Guidelines
- Note: at JGH your search will also include resources available in CINAHL Complete and eBook Nursing Collection.



How to search ? Basic

Type keywords in the search box for "all areas" or select a tab more fit to what you are looking for.

I	All Areas Disease	s Skills	Drugs	Management	Continuing Ed	Patient Ed	Reference
[heart						X Search
	heart failure						
	congestive heart failure						
	chronic heart failure						
	heart disease						
ē,	heart failure, chronic						*
	heart failure, congestive						
	heart attack						
ic	heart						
1	congestive heart failure: an	overview					
С	diabetes congestive heart fa	ilure					Sec. 1



- TABS -

> DISEASES TAB:

- Diseases tab: find evidence-based summaries and quick lessons on individual diseases and conditions
- ➢ Information on :
 - Most common diseases
 - Specific diseases
 - Care plans

SKILLS TAB:

Explains the steps to be efficient in a nursing task, key considerations and cultural elements for specific groups.

> DRUGS TAB:

Find drug information, drug monographs, excerpts of ebooks (*Davis's Drug Guide for Nurses, AHFS Drug Essentials*), news and updates about drugs.

> MANAGEMENT TAB:

- Find nursing leadership and other management topics
- See also suggestions of essential leadership and management topics on the page.
- > CONTINUING ED TAB:
- See section on CE modules



- PATIENT ED TAB -

- Thousands of patient handouts in English (often in Spanish too, <u>not in French</u>). About disease, discharge, etc.
- Don't forget about the PEN database and the Patient & Family Resource Centre at the JGH!
- JGH.ca > Patients & Visitors > Patient and Family resource Center

🚔 Print						
Add customized information	on to your print out: 🤨					
Include Acknowledgen	nent Page Notes					
Patient's Name						
Healthcare Provider's Nar	ne					
Department						
Phone						
Advanced Options						
Drint Connect						
Cancel						
Languages Available	Spanish					
Title: A	nkle Sprain Rv. Scholten A. Health Library: Evidence-Based Information, March 1, 2015					
Database: N	Database: Nursing Reference Center Plus					
Ankle Sprain	Ankle Sprain					
Contents	📳 Listen 🔰 🕨 American Accent 🔍 🇱 🛨 🔍					
Definition						
Causes	Definition					
Risk Factors	An ankie sprain is a partial or complete tear of the ligaments that support the ankie. Ligaments are strong bands of tissue that cross joints and connect bones to each other.					
Symptoms						
Diagnosis	Sprained Ankle					
Grade 1						
Grade 2						
Grade 3						
Treatment	FIDUA					
Supportive Care	Talus					
Physical Therapy						
Surgery						
Prevention						
'						



- BOOKS TAB -

- ➢ E-books available (over 550 most through eBook Nursing Collection)
- \succ Click on "Books" to see the selection



Books

Browse and search through the these popular reference resources to access additional quick information in support of clinical questions on lab tests, diseases, drugs, care plans, assessment data, and much more. All Book Content

Featured Books





Guide for... Cyclopedic...



Clinical...

Nursing...



Mapping: A...

Plans:...





- BOOKS TAB -

> See by chapter, save or print PDFs when available, download, send by email, add notes, etc.







2. Searchingb) Advanced



BOOLEAN OPERATORS



Use Boolean operators to combine your concepts: **AND** = A+B (both concepts must be included - use to build your final search) **OR** = A, A+B, B (either of selected concepts are included - use to combine synonyms) **NOT** = A only (use to remove results)



How to search ? Advanced Search

Expanders: broaden your search (search related words, search in full-text, use boolean operator OR, etc.) R.

Limiter: limit your search (only full-text available, use boolean operator AND, etc.)

sing	Field Codes All Areas - Search all content in NRC Plus Basic Search Advanced Search Search History	Search ? Hôpital général
arch Options		
		Reset
Search Modes	s and Expanders	
Search modes	s (?)	Apply related words
Boolean/P	Phrase	
Find all my	y search terms	Also search within the full text of the articles
Find any of SmartTavt	of my search terms	
Limit your res	sults	Publication Date
Source		Scholarly (Peer Reviewed) Journals
		Author
Language		Abstract Available
All	·	
Arabic		
Chinese		





Before you Search - Limiters for each type of content - 1

Special limiters for Nursing Reference Center Plus

Ву		Reference Area	
Assessment	 Diagnosis 	All	
Planning	Implementation	Disease	
Evaluation		Skills	_
0			•
Articles with Images		Articles with Videos	
Images		Videos	

Special limiters for Health News							
Perument Type							
bocument type							
All							
Disease							
Skills							
Drugs	v						

Special limiters	for eBook Collection	(EBSCOhost)

Download Available	Title
Publisher	Exclude Abridged Titles
	ISBN



Before you Search - Limiters for each type of content - 2

Special limiters for CINAHL Complete

Research Article Exclude Pre-CINAHL Search Only Pre-CINAHL Exclude MEDLINE records CE Module Evidence-Based Practice Meta-Synthesis Clinical Queries All Therapy - High Sensitivity	
Search Only Pre-CINAHL Exclude MEDLINE records CE Module Evidence-Based Practice Meta-Synthesis Clinical Queries All Therapy - High Sensitivity	
CE Module Evidence-Based Practice Meta-Synthesis Clinical Queries All Therapy - High Sensitivity	
Meta-Synthesis Clinical Queries All	
Therapy - High Specificity Therapy - Best Balance	
Human First Author is Nurse	
Any Author is Nurse Randomized Controlled Trials Image: Control in the second	
Journal Subset Geographic Subset All All Allied Health Alternative/Complementary Therapies Biomedical Australia & New Zealand	
Publication Type Sex All All Abstract All Algorithm Male Anecdote	
Pregnancy Inpatients	
Outpatients Age Groups All Fetus, Conception to Birth	

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Once you have Searched - Limit by Category

Material Types

All Results

- Quick Lesson (611)
- Evidence-Based Care Sheets (302)
- Skills (328)
- Videos (1)
- Images (5)
- Cultural Competencies (50)
- Drug Monographs (919)
- Patient Handouts (1,316)
- Care Plans (4)
- CEUs (465)
- Legal Issues (46)
- Books (1,610)
- Research Instruments (4)
- News (2,790)
- Journals (111,309)

Subject: Major Heading

heart diseases (9,163)

coronary disease (5,761)

- cardiovascular diseases (3,984)
- heart defects, congenital (3,162)
- cardiovascular risk factors (2,614)
- heart failure (2,480)

Publication

- pacing & clinical electrophysiology (4,082)
 healthday news (2,896)
 journal of cardiovascular electrophysiology (2,622)
 echocardiography (1,703)
 circulation (1,486)
 journal of the american
 - college of cardiology (jacc) (1,197)

Show More

Age

- all adult (41,578)
- middle aged: 45-64 years (28,307)
- aged: 65+ years (24,492)
- adult: 19-44 years (22,250)
- all child (14,444)
- adolescent: 13-18 years (8,470)

Gender

female (41,763)

male (37,543)

Geography

- usa (68,900)
- europe (34,002)
- uk & ireland (24,151)
- continental europe (9,814)
- australia & new zealand (3,895)

asia (2,287)

Show More

Nursing Specialty

- critical care nursing (354)
- cardiovascular nursing (275)
- medical-surgical nursing (161)
- coronary care nursing (145)
- neuroscience nursing (101)
- respiratory nursing (80)

Show More

Database

- All Databases
- CINAHL Complete (114,403)

v

- Nursing Reference Center Plus (4,049)
- Health News (2,896)
- eBook Collection (EBSCOhost) (335)

Limit your search by using the categories on the left of the search results.



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- SEARCH HISTORY -

- Combine searches, save searches, create alerts...
 (similar to CINAHL)
- If you do not use
 Boolean operators
 you will
 automaticaly search
 for your phrase
- When comnbining searches in the Search History: be sure to erase the content in your search bar 1st or it will also be included





Search History

Print Search History | Retrieve Searches | Save Searches

🗆 S	Select / deselect all Search with AND Search w		Search with AND Search	with OR Delete Searches	Refresh Search Results
	Search ID#	Search 1	Terms	Limiters and Expanders	Actions
	S4	🔊 S2 A	AND S3	Expanders - Apply related words; Also search within the full text of the articles Search modes - Boolean/Phrase	🔍 View Results (151,565) 👔 View Details 🧭 Revise Search
	S3	🔊 failu	re	Expanders - Apply related words; Also search within the full text of the articles Search modes - Boolean/Phrase	🔍 View Results (390,817) 👔 View Details 🧭 Revise Search
	S2	🔊 hear	t	Expanders - Apply related words; Also search within the full text of the articles Search modes - Boolean/Phrase	🔍 View Results (523,968) 👔 View Details 📝 Revise Search
	S1	M hear	t failure	Expanders - Apply related words; Also search within the full text of the articles Search modes - Boolean/Phrase	🔍 View Results (105,304) 👔 View Details 🧭 Revise Search

×

(?)

Search

Library Logo

- VIEWING RESULTS -

1. Ankle Sprain		*2 🔎 🖪
Patient Education	Health Library: Evidence-Based Information, EBS . Full Text Languages 🗐	CO Publishing, 2017 Mar 01 (patient education -
Relevance - Date Newest Date Oldest Relevance	*2 Relevance - Page Options - Result Format: Standard ☐ Title Only Brief	*3 Relevance - Page Options - Add to folder :
	18 Page Layout:	Use Permali Alert Use Permalink : ucti Persistent link to search (copy & paste) http://search.ebscohost.com/login.aspx?di







- SAVING RESULTS -

New Search	Sign In 🔮	Folder Send Feedback Hel
Reference Center Plus Patient Basic Sea	ed - ankle sprain Search ? Sch Advanced Search Search History >	Hôpital général juif Jewish General Hospital
< Refine Results	Relevance Page Options	Folder has items
Current Search	Search Results: 1 - 10 of 43	Ankle Sprain
Material Types	1. Ankle Sprain	Go to: Folder View
All Results	Scholten A; Health Library: Evidence-Based Information, EBSCO	
Patient Handouts (20)Books (23)	Publishing, 2017 Mar 01 (patient education - condition) Image: Patient Education	
Subject: Major Heading	2 Discharge Instructions for Ankle Sprain	
athletic injuries (8)	Kellicker PG: Cornel J: Health Library: Evidence-Based Information EB300	
 athletic injuries prevention and control (5) 	Publishing, 2017 Feb 01 (patient education - discharge instructions)	
sprains and strains (5)	Patient	
warm-up exercise (3)	Education	



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- PERSONAL ACCOUNT -







- ALERTS - Search

<u>Step 1:</u>	Search History	<u>Step 2:</u>	Rel	evance 🗸 Page Options 🗸 🕞 Share 🗸
	Print Search History Retrieve Searches Save Search Select / deselect all Search with AND Search Search Terms ID# S1 S1 Snkle sprain		Search Results: 1 - 10 of 3,0 1. Ankle Sprain Scholten A; Health Library: Publishing, 2017 Mar 01 (p Patient Education	Add to folder : Results (1-10) Add search to folder: ankle sprain Create an alert : E-mail Alert Use Permalink : Persistent link to search (conv & paste)
<u>Step 3:</u>	Create Alert ③ Search Alert: "ankle sprain on 2017-11-09 10: Your E-mail: * jane.doe@gmail.com How often: * Once a day	43 AM''	2. Discharge Instructions for A Kellicker PG; Cornel J; Hea Publishing, 2017 Feb 01 (p The HTML Full Text La Patient Education	http://search.ebscohost.com/login.aspx?dire

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Create Alert

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- ALERTS - Topic

Result List Refine Search	Tools
▲ Create Alert ③	E-mail Alert
Email me when this topic has been updated.	Remove from folder
Your E-mail: *	Print
How often: * Once a day	🛒 E-mail
Create Alert Cancel	💾 Save
Languages Available	🐋 Export
Spanish	Create Note
Title: Ankle Sprain By: Scholten A, Health Library: Evidence-Based Information, March 1, 2017	8 Permalink
Database: Nursing Reference Center Plus Ankle Sprain	+ Share



3. Mobile App



Mobile App (Iphone or Android)

- Scroll to the bottom of the page when using Nursing Reference Center Plus at JGH and click on "NRC Plus Mobile App Access"
- > Use an email address you can access on your mobile device
- > This will send you an email on your mobile device
- Download the App from Google Play Store or the Apple App Store on your mobile device
- TIP: The app can take a while to download on the JGH network you can do so at home or using your data
- Follow the instructions in the email you received on your mobile device, download the app, use the key sent in the email

Enter your email addr key and a link to dow Email to	ress to send nload the ap	yourself the instructior
Email to		
Separate each e-ma	ail addres	s with a semicolon
Send C	ancel	



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- Mobile App – More Info

➢ How do I download the Nursing Reference Center Plus application?

https://help.ebsco.com/interfaces/NRC_Plus/User_Guide/download_Nursing_Reference_Center_Plus_app

Using the Nursing Reference Center Plus Mobile App – FAQs

https://help.ebsco.com/interfaces/NRC_Plus/User_Guide/NRC_Plus_Mobile_App_FAQs



4. Continuing Education



What are CEUs?

- Online modules that can be completed independently for accredited CE hours, usually taking 1-2 hours
- Accredited by the American Nurses Credentialing Center and the International Association for Continuing Education and Training, with select modules accredited by the Commission for Case Manager Certification
- Consist of course content, an interactive review, and an exam. The exam must be completed and passed to get the CE credit
- When you have completed a CEU and passed the course, you can print a certificate for your records





a) CE with NRC+ & CINAHL Education



Getting to CINAHL Education

JGH.ca > Care and Services > Department List > Health Sciences Library > JGH e-Resources > CINAHL Education

> Go to:

https://www.jgh.ca/care-services/health-sciences-

<u>library</u>

Then scroll down and click on CINAHL Education



 CINAHL Complete
 CINAHL Education (CE for Nurses and allied health professionals) Cochrane Library DSM-5 eBook Nursing Collection (via EBSCO)
 EMBASE (via Ovid) Evidence Based Mental Health Journal (e) Healthstar (via Ovid) IGH Journals by Topic A-Z Medline (via Ovid) Natural Medicines Nursing Reference Center Plus Oxford Clinical Psychology Psychiatry Online (POL) PsycINFO (via Ovid) PubMed (Medline, etc.) RxVigilence OptoDate





Recognition by Quebec Professional Orders

CINAHL education CEUs are currently recognised by Quebec nursing professional orders as a self-study activity with certified learning assessment (e.g., e-learning)



How to find CE modules in NRC Plus

Search for your topic in the Continuing Ed Tab

New Search									Sign In	🛁 Folder	Send Feedbac	k Help
NI .	All Areas	Diseases	Skills	Drugs	Management	Continuing Ed	Patient Ed	Reference				
NULSING Reference Center Plus	Search all cont	ent in NRC Plus	S					Search		-	Hôp	ital génér
	Advanced Search	Search Histor	Y								in Jewa	in Genera
Spotlight						-	Featured Video	os	< :	>		
Ebola - CDC Guideline	es		Intro	oduce Your	self to Our:	1	115		· · ·			
New: Skills with Videos	s		181	Editorial To	eam & Policies		////	1 hours				
New: Management Top	pics		New	to Nursing	Reference Cente	r Plus?						
New: CCMC Approved	I CE Modules		Ø	Take Our	Four							
NRC iPhone Applicatio	on: Now Available	el										
Here's the latest nursin	ng newsletter: Ch	neck it Out!					Procedure Performing Venipu Needle	ncture: Inserting and Re	emoving the			

CINAHL Complete





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Sign in or create an account

EBSCO.com About Us Contact Us Careers

CINAHLeducation

Welcome to CINAHLeducation.

The CINAHL*education* **program** provides nursing, social work, and allied health professionals a convenient way to obtain their certificates of completion for continuing education required by the states in which they practice or the facilities in which they work. These interactive modules allow health professionals to satisfy CE requirements online. Each module consists of course material, an interactive review, a competency test, and a module evaluation. A certificate is awarded upon satisfactory completion of the competency tests. Completion requirements are provided in each module.

If you are a NEW user and have not registered before, please click here to pre-register.

If you are a RETURNING user, log in using the form below:



- Create a CINAHL education account (different than your Nursing Reference Center Plus / CINAHL Complete account)
- Or, sign in if you already have one





Select "Nursing Reference Center Plus"

CINAHLeducation	EBSCO.com About Us Contact Us Careers
Available Modules How To Use FAQs	
Welcome, Kendra G. Johnston! This is not you? Please click here.	Notifications Transcript Profile Logout
Select a Product	
To continue, please select the product from which you came from the list below	ν.
CINAHL Complete	
CINAHL Plus	
CINAHL Plus with Full Text	
Dynamic Health	
Nursing Reference Center	
Nursing Reference Center with Patient Education Reference Center	
Nursing Reference Center Plus	

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(...)

Accept and Continue



Click here to Cancel

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Navigate using the menu at the top



- Points to Remember: You can take the test 2 times. If you do not pass on the first try, you have 72 hours to take it again; if you do not pass the second try you must wait 90 days
- > You can not save your place in a CEU exam and return at a later time

- Navigate using the menu at the top of the page
- Study the content in the module
- You can do practice questions in the "Interactive Review" tab
- When you are ready to take the test go to the "Take test" tab



b) CE with Medscape



Medscape

www.medscape.org

- > Another option for finding CEUs
- Has sections specifically for nursing and pharmacy continuing education
- > Free, but need to register
- > Check each course to see who is eligible for credits
- To see only nursing specific modules, go to <u>https://www.medscape.org/nurses</u>





5. Reminder & References



REMINDER

- A JGH Librarian is available to provide one-on-one instruction and help Kendra Johnston, 514 340 8222 x22453 kendra.johnston.ccomtl@ssss.gouv.qc.ca
- To access this presentation: <u>https://www.jgh.ca/care-services/health-sciences-</u> <u>library/instruction/workshop-presentations-handouts/</u>





REFERENCES

- 1. Frati, F., Touchette, J. (2015) The basics of searching biomedical databases, Presented at JGH
- 2. Touchette, J. (2015) Nursing Reference Center Plus Overview, Presented at JGH



THANK YOU



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