(Swimmer Name) Home Address City, State, Zip Phone Number Email

Dear Coach (Head Coaches Last Name),

My name is (Swimmer Name) and I am currently in my junior year at (Current) High School, (City, State). I will graduate with the class of 20(?), and I maintain a GPA of (?). I am a very dedicated swimmer, and I swim competitively year round for the Billings Aquatic Club Stingrays in Billings, MT. It has always been my goal to swim at the Division (?) level and to also be competitive at the respective Conference Championships and NCAA Championships. Pursuing my academics, as well as being a significant contributor to a strong swim program is the end result that I am striving for. I am very interested in learning more information about (College Name) and your team. I have attached a link to my (Recruiting Profile), where all of my times have been updated. I am preparing for a big (Name) Championship Meet on (Date) in (City, State) and have been training very hard with the goal of breaking through onto the (Junior National, Sectional, New England Championship) level at that meet.

Below, I've listed a few of my best times in my main events as well as my progression over the last three years, but I'm also open and willing to swim and contribute in any event possible to help out the team.

	Freshman Year	Sophomore Year	Junior Year
50 Yard Free	27.77	26.00	24.68
100 Yard Free	59.66	57.55	52.00
100 Yard Back	1:05.63	1:01.33	58.44
200 Yard Back	2:19.23	2:09.22	2:03.83
200 Yard IM	2:15.77	2:08.66	2:03.28

I will be more than happy to provide you with any updated times that I have in the future. I look forward to hearing from you and hope that I will be on your list when you begin recruiting new swimmers this upcoming year as I would love to visit your program and university. Thanks for your time and consideration and good luck with the rest of the season. Sincerely,

(Swimmer Name)